**A REPORT OF AN INTERNSHIP CARRIED OUT AT KAWOLO GENERAL HOSPITAL**

**BY**

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**INTERNSHIP REPORT SUBMITTED TO THE DEPARTMENT OF SOCIOLOGY AND SOCIAL ADMINISTRATION IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE AWARD OF A BACHELORS DEGREE OF DEMOGRAPHY AND REPRODUCTIVE HEALTH OF KYAMBOGO UNIVERSITY**

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**DECLARATION**

I, Turyasiima Edgar hereby declare that this report is my original work and has never been submitted to any University for the award of any academic award.

Signature: ……………………………………..

Name: Turyasiima Edgar

Reg No.: 14/U/5445/BRE/PE

Date: …………………………………………...

**APPROVAL**

This field work report was prepared by TURYASIIMA EDGAR under my supervision and approved for submission to the Faculty of Arts and Social Sciences in the Department of Sociology and Social Administration at Kyambogo University

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Name: Sister. Kaluyi Ruth

Agency supervisor

Date: …………………………………………………………….

Signature…………………………………………………………

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Academic supervisor

Date: ……………………………………………………………..

**DEDICATION**

This practicum report is dedicated to my beloved parents Mr. and Mrs. Muhangi Lauben who supported me financially though out my practicum period who also guided me where necessary.

The Head of Department, Deputy and other staff members who guided me to gain more knowledge and skills and other friends like Nurses, whom I worked with at kawolo Hospital. Thanks for your support and may the almighty God Bless you and reward you abundantly.

**ACKNOWLEDGEMENT**

I thank God the almighty Father the most merciful who gives me life. For his kindness I was able to do everything by his will.

Special thanks to my lovely parents Mr. and Mrs. Muhangi Lauben for the great support they gave me in terms of financial care may the almighty Lord Bless them.

Great thanks to my Academic supervisor together with the Administrators of Kyambogo University for the great guidance and counselling they provided.

Great thanks to all Senior Nurses I worked with and Personnel with her Administrators of Kawolo Hospital for the services they offered me.

I also extend my thanks and appreciation to my dear friends and everyone who made me progress in the practicum.

May the Almighty God open the heaven and showers you with his Blessings.

**CHAPTER ONE: INTRODUCTION**

1. **Introduction.**

This chapter shows the details about the organization.

Kawolo General Hospital is found in Kawolo, Lugazi, Buikwe District and it is 45km east of Kampala -Jinja –Mombasa High way

It provides medical services to people in Kawolo and other communities. The services offered include outpatient department (OPD) inpatient. They admit patients outreach programs that is Immunization, HIV Counselling and Testing (HCT) Supervision of other Hospitals, Operation investigations, family planning and many others. The source of lab our include; staff, volunteer, students and sustain (donors) and the main source of funds are the Government of Uganda

**1.1. Back ground of the organization.**

Kawolo general hospital is the government run hospital that was constructed in 1968 with the aim of providing specialized medical care to the population of Buikwe district and other people that uses Kampala Jinja and Mombasa High way. It is a 114 bed hospital performing at an average bed occupancy rate that ranges from 80%-90% over last 10 years.

Kawolo General Hospital is guided by the Ministry of Health policies, the hospital offers communities with outreach services in the surrounding lower local Government because of its strategic location and way between Kampala city and Jinja town, and it is only Hospital that manages road traffic accident cases that occur on Kampala Jinja and Mombasa High way. It recommended personal, established 190 total number of Health workers of different categories of which 123 (65) posts have been filled. The hospital lacks some critical specialists as recommended by ministry of health. The critical personal gap especially in the department of emergency management have been supplemented by the Uganda Red Cross Volunteers and Joint Clinical Research Centre personal for the HIV/AIDS clinic and it has several departments that is Out patientss, Antenatal clinic and Family planning , Dental , Laboratory and blood bank , Pharmacy foreign medical practitioners under the over sees volunteers programs by number of European countries

**1.2. Approved organization**

**KAWOLO HOSPITAL ORGANISATION CHART.**

Medical superintendent

Senior hospital Administrator

Deputy medical superintendent

Principal nursing officer

Senior nursing officer nursing

Senior nursing officer

Mid wife

Medical officer

Human Resource Officer

Hospital Administratorrrrrrrrrrrrr

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Mortality attendants

Senior radiographer

Supplies officer

Nursing assistant

Enrolled nurses

Public health nurse

Clinical officer

Account assistant

Nutritionist

Secretary

Medical social worker

Laboratory technologist

Theatre attendants

Pharmacy attendants

Records assistant

**1.3. The vision of the organization.**

1.30. To provide excellent health care to all which is client centered with dignity and responsive client needs and expectations.

**1.4 The mission statement of the organizing**

1.40. To provide quality and affordable health care to all in order to maintain healthy productive and operation of the district in particular and the country at large.

**1.5. Objectives of the organization**

**1.5.0 The following are the objectives of kowolo general hospital.**

1.51. To provide antenatal care to pregnant mothers.

1.52. To prevent malaria through giving people treatment and mosquito nets.

1.53. To test people for HIV in order to be counseled and given treatment.

1.54. To provide family planning services to the people around in order to reduce population growth rate through spacing their children.

1.55. To handle road traffic accidents along Kampala jinja road.

1.56. To give services to the outpatient attendance (new cases)

1.57. To reduce maternal and infant mortality rate in buikwe district

**1.6. Programs of the organization.**

1.60. Kawolo Hospital operates five (5) programs in their departments which includes;

**1.61. Family planning program**

Their work is to educate couple how to use family planning methods that is contraceptives like pill plans , injections , condoms of both Female and Male , IUDS, Implants , Emergency pills , and others which reduces unwanted pregnant and abortion among couples and also reduces population growth rate through spacing their children , which encourages couples to produce children they can manage .

**1.62. Fighting malaria program**

Their work is to test and prevent malaria in Buikwe district through giving people mosquito nets and even treatments.

**1.63. Antenatal care and safe delivery program.**

Their work is to give care and to educate pregnant mothers about nutrition that is how they should eat during pregnant and how to prepare for labor period and personal hygiene that is how to keep themselves healthy in order to deliver a healthy Babies.

**1.64. Immunization program that is Young Child Clinic (YCC).**

Their work is to protect young children from some of killer diseases like polio, measles , Tetanus , Whooping cough , Diphtheria and others through immunizing them vaccines that is BCG vaccine immediately after birth , polio vaccine to four weeks children of age , IP vaccine to 14 weeks children and other vaccines in order to keep Babies healthy and protected from those diseases .

**1.65. HIV Counselling and Testing (HCT) program.**

Their work is to test and counsel people with HIV around Buikwe District in order to distress them through encouraging them to swallow medicines like ARV’S, Septrines and others every day such that they can live longer and telling couples to continue producing because now there is no transmission of HIV from mother to a child and encouraging them not to continue infecting HIV to other people.

**1.7. Activities of the organization.**

1.70. Kawolo hospital performs the following activities;

1.71. It treats and prevents malaria through treating people in Buikwe district.

1.72. It tests and counsels people with who are HIV positive and negative that is pregnant mothers.

1.73. It provides Antenatal care to pregnant mothers.

1.74. Operation of pregnant mothers who have failed to push a child during labor period.

**CHAPTER TWO**

**METHODOLOGY**

**2.0. INTRODUCTION.**

This chapter mainly touches on the activities done, methods used and skills used during the internship training at Kawolo general hospital.

2.1. Activities performed (done) in the organization.

2.10. During internship I was placed under the Antenatal clinic and Family planning Department as well as the general Administration at Kawolo hospital was given various responsibilities which included the following;

2,11. Received clients that was pregnant mothers at the reception and registered their Biography and gave them numbers in order of their arrival .

2.12. Received clients that was mothers or Girls between 15 and 45 ages for Cancer screening and registered them.

2.13. Attended clients who wanted to use Family planning methods in the family planning clinic and registered them

2.14. Received clients that was pregnant mothers who were HIV positive in the Early Infant Diognosis (EID) room and registered them after opening HIV file for each client.

2.15. Attended mothers who brought their children for Immunization at Young Child Clinic (YCC) and registered each child in the child immunization register for record keeping in the hospital.

2.16. Attended outreach which was about HIV Counselling and Testing of people living at Kiyindi landing site, Buikwe District.

2.17. Received mothers with their Exposed infant children for further rapid HIV testing of a child and gave them medicines then after recorded the tins of medicines given to each client.

2.18. Attended Health education for pregnant mothers which was about nutrition, labor preparation, and personal hygiene of mother during pregnant.

2.19. Attended town inspection which was about sanitation that was poor latrines and poor gabbage disposal of town citizens with businesses like Hotels, Bars, Shops, and others.

**2.2. Methods used during performing tasks.**

2.20. Ways how the activities were accomplished during internship training at Kawolo general hospital.

2.21. I used observation method to observe the results that was HIV results during HIV testing in HIV Counselling and Testing (HCT) room.

2.22. I also used interviewing method. This where I was asking questions to the clients that was pregnant mothers and giving out answers on spot during healthy education in Antenatal clinic.

2.23. I also used recording method to record the HIV results in the HIV Counselling and Testing register and records like medicines given to each client who is HIV positive and even recording medicines given to each pregnant mothers.

2.24. I also used participation method. This is where I tried to participate in every activity in order to do all the tasks I recoded.

2.25. I was also oriented at Kawolo general hospital in order to know different Departments and Health workers to work with in the Antenatal clinic department

2.26. I also used constant guidance and consultation of the Agency supervisor at Kawolo hospital that was Assistant In-charge Antenatal clinic department who helped me how to allocate tasks and activities where to be done which made the accomplishment of the activities and tasks simple.

2.3. Skills used during performing tasks at the organization.

2.30. The following are the skills used while accomplishing tasks and activities at Kawolo hospital;

2.31. I used observation skills to observe the client’s HIV results

2.32. I also used listening skills while counselling clients.

2.33 Recording skills to record all the records in the Antenatal clinic department.

2.34. Writing skills to write client’s problems that was pregnant mothers status and others.

2.35. Management skills to manage all the activities that were done during internship training at Kawolo hospital.S

2.36. Interpersonal skills in order to associate with all Health workers, Administrators, clients and other workers at Kawolo hospital.

**CHAPTER THREE**

**CRITICAL ANALYZATION OF THE REPORT.**

**3.0. INTRODUCTION.**

This chapter mainly shows the detailed description of client’s problems and how theory skills were used to solve those problems at Kawolo hospital.

3.1. In counselling room that was Early Infant Diognosis (EID) one day received clients who were discordant couples that was where one partner is HIV positive and that was a wife and I used counselling theory skills to advise and counsel clients not to separate because a hasband who was HIV negative wanted them to separate and devorce but I told a wife to continue taking HIV tablets that was ARV’S and other medicines every day not to miss any day because when she swallow those medicines as advised will not continue spreading or infecting HIV to others and I also counselled and advised a hasband to continue staying with his wife in order protect his children and to start using condoms while playing sex with his wife. A hasband decided to continue looking after his wife as it was before and to stay together with his wife and a man also decided to look for a wife is HIV negative in order to produce some children because they had two children yet the man wanted four children and all that was counselling advice and they also appreciated the counselling at Kawolo hospital.

3.2. Using family planning approaches skills , I tried to teach and encourage couples to use family planning methods like contraceptives such as pill plans, injections, in plants , emergency pills , condoms of both females and males and other methods in order to deliver children they can manage through providing them basic needs like clothes , shelter, food, education and others which can also reduce unwanted pregnancies , abortions and other problems that can lead to the death of mothers and children which also reduces population growth rate in a country and some couples decided to use contraceptive methods like pill plans emergency pills in order to space their children and they appreciated our family planning counselling in Antenatal clinic at kawolo hospital.

3.3. Using population morbidity knowledge we tried to do health inspection in Lugazi municipality town as a group where we found many problems about sanitation in hotels bars and other areas but we encouraged and taught people living their to clean their areas of business and we closed one hotel because it was in poor conditions in terms of poor gabbage disposal and having poor latrines and after the owner cleaned it and we opened it after 4days but after that inspection we held town health education at mayors garden in Lugazi town and the topic was “how to keep our municipality town clean” and municipality council tried and decided to provide dust bines and containers along the streats four better gabbage disposal in order to reduce problems like incidence rate prevalence rate and prevalence rate in Lugazi municipality town and citizens appreciated the decision and now they are living in a good sanitation.

3.4. Using reproductive health knowledge, I analyzed that even couples who are HIV positive can deliver a child who is HIV negative but when that mother attended antenatal healthy care services in a health center or in a public hospital like kawolo hospital and also gave birth from their because doctors and nurses have ability to protect a child from getting HIV and immediately after birth a child have to start seprines and mother is allowed to breast feed for one year of age while testing a child rapidly 4times during that period of breastfeeding until 1-1.5/12years and when a child is HIV negative mother has to stop giving that child septrines meaning that that mother deserves a gift because of caring well her child but when a child is HIV positive has to continue taking septrine and other HIV medicines and many HIV positive couple appreciated kawolo hospital care services given to early exposed infant children

3.5. Using reproductive health and recode keeping knowledge, I analyzed that 80% of mothers who attend antenatal care services at kowolo hospital only 50% of mothers return during labor period yet they are advised and taught to deliver from hospital which always bring problems to mothers or children like maternal death and infant death but we tried to encourage them not to deliver from local clinics because those clinics does not immunize children immediately at birth but I left mothers turning up to deliver which was a good thought to all pregnant mothers at kawolo hospital.

**CHAPTER FOUR**

**CHALLENGES, RECOMMENDATIONS AND CONCLUTIONS.**

**4.0 INTRODUCTION:**

This chapter shows the challenges faced during the internship program at the work place and I overcame them recommendations and conclusions

**4.1Challanges faced during internship program and how I overcame them**

Language barrier was one of the problems I faced during internship program because some of the local people in the community of buikwe district could not speak English and on other hand I could not understood their local language.to overcome that challenge,I hard to communicate with those who could speak and understand English to interpret while I was communicating with local people and I also tried to learn their local language that was Kiswahili, luganda and others.

Transport costs also were faced during my internship program as well as the personnel in the hospital during the field work study i overcame this challenge through being friendly to doctors

Who have vehicles like cars and motorcycles?

Poor identification was also a big challenge because clients were calling me a doctor during my internship program.

**4.2 RECOMMENDATIONS:**

4.20. The following are the suggestions and possible way forwards to improve on the performance of kawolo hospital

4.21. The government should employ more personnel in the hospital to attend and deliver services to the clients since a lot of work is left incomplete, if more personnel’s are resulted and added to the hospital services delivery cold improve.

4.22. The university should try to give us uniform wear because clients and health workers always miss allocate us during internship program.

4.23. The government should also allocate funds to the ministry of health where the institutions of nurse’s falls that should be used to construct and re notate hospitals and health centers.

4.24. The government should also provide food to the doctors and health workers in the hospital.

**4.3. Conclusion of the report.**

The conclusion is that Kawolo hospital is trying to promote health program in terms of doing different activities like malaria treatment, HIV Counselling and Testing, giving different family planning methods, providing Antenatal care services and safe delivery and immunizing young children of Buikwe district which helped me to learn how public health is given to the people in the community through giving health education about nutrition and personal hygiene and I also learnt how to carry out inspection about sanitation in Lugazi municipality

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